

New Years Resolution

Service Spotlight: Medical Weight Loss



PURE's personalized weight loss therapy is customized to fit your needs. We're data driven to drive impactful results! Included in our program are monthly physician check-ins, comprehensive body scans, plus quarterly labs. We monitor your progress every step of the way to ensure your success.

Our 12 week jumpstart series is the perfect program to kick off your weight loss journey. Receive 12 weeks of peptide medication, 5 body contouring sessions, labs, InBody scans, protein powder and diet suggestions for \$1999. Get started today by booking a consultation!

Refer a Friend, Get Rewarded!

Each time you refer a friend, you get \$25 and they get \$25. The gift cards automatically deposits after your friend makes their first purchase!

Announcements

SATURDAY, JANUARY 18TH FROM 11-1



PURE Members, we want to thank you for your loyalty and support- this event is for YOU! You'll be greeted a the door with a special gift designed just for our members! Our brunch themed gathering will be filled with tasty treats, a mimosa bar, experience station and H2 Custom Jewelry. PLUS we have invited a few local businesses who's mission align closely with PURE, to help enhance your aesthetic and wellness journey. HOTWORX, Live Your Fit Meals, and Society Yoga will all be offering exclusive discounts for our members at this event only! Mingle with the PURE team, and be the first to learn about our new offerings in 2025! Bring a friend who wants to join the membership that day, and you both will get a special surprise!! Don't miss out on this opportunity to connect with fellow members, load up on free goodies, and take advantage of multiple discounted offers! We can't wait to kick of 2025 with you all!!

MEET OUR NEWEST TEAM MEMBER

Shelby Krneger

We're very excited to welcome Shelby to our team as our Client Coordinator. Shelby comes to us with several years of experience in the medical industry as well as a background in aesthetics. Formally trained as an esthetician, Shelby understands the benefits of great skincare and routine treatments. An Attica local; when she isn't at PURE, Shelby enjoys spending time with her family. Join us in welcoming her to our team!



A NOTE FROM THE DOCS

What is PRF?

PRF is getting a lot of buzz lately on the internet and social media but what is it exactly and how does PRF benefit us?



Platelet-Rich Fibrin (PRF) is a natural biomaterial obtained from a patient's own blood that is used in various medical procedures to promote healing and tissue regeneration. It is a second-generation platelet concentrate and is considered an advancement over Platelet-Rich Plasma (PRP). PRF is created by centrifuging blood without any anticoagulants, resulting in a fibrin matrix enriched with platelets, white blood cells, and growth factors.

PRF is a great anti-aging treatment for clients looking to rebuild collagen and elastin in all areas of the face including sensitive areas like under eyes, lips and perioral. PRF can also be used for hair growth, scar revision, as well as intermuscular and aids in healing tendons, ligaments, and cartilage. This is next level Regenerative Medicine and we are excited to offer this service to our community!

To make PRF we draw your blood and spin it down right in our lab at PURE so the process is quick and easy! PRF is often a compliment to other services we offer, enhancing your overall results. To learn more about PRF and to see if its right for you, book a physician consultation today!

Was this helpful? Are there specific topics you'd like to see us cover in this newsletter? Send your feedback and suggestions to the email below and we'll be sure to follow up!

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